

Ellesmere College Academy timetable

Time	Mon	Tues	Wed	Thurs	Fri	Sat
6:30am		WEIGHTS DR	WEIGHTS HL			
1:40pm	SAQ old sports hall HL			Academy meeting AJM		
2:15pm			Games			
4:15pm		Squads	Gym HL	All groups fitness & Gym DR	Squads	
6:00pm	RUGBY AJM	RUGBY AJM				

YEAR 9 & 10

YEAR 11

6TH FORM

Academy meeting in sports hall classroom straight after lunch on Thursday.

You are responsible for hydration and warming up in sessions.

Ellesmere kit expected at all sessions.

